

Tea Menu

EXAMPLE

Monday

Sardines on Wholemeal Toast

Fresh Fruit & Malt Loaf

Tuesday

Homemade Roasted Vegetable Soup & Crusty Bread with
Crudités

Carrot Cake

Wednesday

Ratatouille & Whole-wheat Pasta

Selection of Fresh Fruit

Thursday

Homemade Pizza with various Toppings / Salad

Lemon Drizzle Cake & Custard

Friday

Lentil, Sweet Potato and Spinach Dall served with Chapattis

Natural Yoghurt & Fruit Coulis