

Breakfast Menu

EXAMPLE

Monday

Wheat biscuits with milk /

Toast & Marmite / Dates

Tuesday

Yoghurt with Fruit /

Bagel & Cream Cheese / Raisins

Wednesday

Porridge with Fruit /

Boiled Eggs and Wholemeal Toast

Thursday

Crumpets with Cream Cheese /

Choice of Cereal / Dried Apricots

Friday

Porridge Oats /

Boiled Eggs and Wholemeal Toast / Oranges